

# HEALING RETREATS

## Healing

Amma Therapy

Arvigo Maya Abdominal Therapy

Intuitive Healing

Intuitive Counseling

Maya Spiritual Bathing

Private and/ or Group Yoga

## Nature

*Corfiot* Mountain Hikes

Green Clay Baths

*Corfiot* Mountain Biking

## Culture

Traditional *Corfiot* Cooking- Lessons

Traditional Greek Dancing- Lessons

*Retreats may be personalized  
upon booking.*

## VIVIAN MENJIVAR

Licensed  
Massage Therapist  
& Instructor



20/9/15

Vivian, a Certified practitioner of The Arvigo Techniques of Maya Abdominal Therapy since 2002, and a Certified Teacher since 2004, completed her apprenticeships with *Dr. Rosita Arvigo* in Massachusetts, New Hampshire, and Belize.

Vivian specializes in difficult fertility, fibroid management, post-hysterectomy, and hormonal imbalances.

Vivian combines her knowledge of the body with Maya Spiritual Healing as well as Intuitive Healing: travelling, teaching, and sharing her wellness practices throughout North America and Europe.

# VILLA ZOE

A Mountain Top  
Retreat Center



## Holistic Therapies Seminars & Personal Retreats

KOTHONIKI- KALAFATIONES,  
CORFU, GREECE

Ancienthealingtherapies.com  
Ancienthealingtherapies@gmail.com  
@ancienthealingtherapies  
+30 693 4322501

## Therapies

### Amma

Ninety minutes of deep tissue massage, rooted in the same fundamentals as *Chinese Herbal Medicine* and *Accupuncture*

€ 60

### Arvigo

The Arvigo techniques of Maya Abdominal therapy are centered around Ancient Mayan body-work which repositions organs that have dropped and *restrcicted* the *flow* of *blood, lymph, nerve* and *chi energy*.

Arvigo is a 120 minute massage which helps to increase fertility in women and men, and also promotes good digestion.

1<sup>st</sup> Session € 100

2<sup>nd</sup> Session € 80

### Maya

A ninety minute Maya Spiritual and Intuitive Healing session addresses the energy blockage within the physical, emotional, and spiritual bodies of each individual.

€ 60

## Ancient Healing Techniques for Modern Times



*Transfers are available to  
Villa Zoe from the airport or your  
hotel.*

*Home cooked meals are available for  
Personal Retreat Guests.*

## Retreat Packages

### Maya Fertility

- . One Arvigo
- . One Maya
- . Two Vaginal Steams
- . One Castor Oil pack

€ 200 + VAT

### Asian Healing

- . One Amma
- . One Asian Dietary Wellness counseling session
- . Two night's stay at Villa Zoe

€ 150 + VAT

### Healing Weekend: Corfu Trail

- . Saturday: Walking tour of the Corfu trail
- . Sunday: Therapy of your choice
- . Two night's stay at Villa Zoe

€ 120 + VAT